



Welcome to Oakland At Risk Match

Oakland At Risk Match wants to spread a message of hope and compassion by serving and loving our neighbors who are at risk of COVID-19. If you are an elder or immunocompromised member of our community who could use help over the next several weeks, we will pair you with a low-risk person to help you meet your needs. If you are low-risk, please read on and learn how to volunteer

If you are at-risk from Covid-19 and need help:

It's okay to ask for help, that's why we're neighbors! We're matching volunteers who are under 60, at low-risk and healthy with elders or others who are high-risk in our community who need to maintain social distancing and self-isolation as a result of the COVID-19 Virus.

These volunteers live in your community and want to help you by getting groceries, picking up prescriptions, and checking in every couple of days. We will match you with someone in your zip code area as soon as a volunteer becomes available, which can often be same day.

**We care deeply about you and want you to remain healthy.
Sign up today to receive an Oakland At Risk Match!**

To sign up, please visit OaklandAtRisk.com.

This matching program is being organized by private citizens for the benefit of those in our community. For any additional questions, please contact OaklandAtRisk@gmail.com

For low-risk volunteers:

Oakland is full of loving, compassionate and kind people. During this time of social distancing and shelter-in-place, many elder and at-high-risk members of your community are going to need assistance. Even with shelter-in-place regulations, you can provide this service and keep them safe through no-contact delivery and outreach.

It is our hope to match those of you who are under 60, at low-risk for COVID-19 and healthy with elder members and neighbors in your community who are high-risk so that you can love them through this. You can help your neighbors by picking up groceries or prescriptions, picking up and delivering a meal, or simply be intentional about checking in every couple of days.

We will match you with someone in your zip code area as soon as an at-risk candidate applies for help. Sign up at OaklandAtRisk.com and email any questions to OaklandAtRisk@gmail.com.

OaklandAtRisk.com